



International Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje Macedonia
www.itkfkarate.org email: karateitkf@gmail.com

To: ITKF National Traditional Karate Federations
Re: **1st. HIDETAKA NISHIYAMA - International
Traditional Karate Cup**

On behalf of the International Traditional Karate Federation, I am proud and honored to invite all ITKF members to take part in the **1st. HIDETAKA NISHIYAMA International Traditional Karate Cup** that will be held on June 5, 2022 in City of Nea Moudania, Halkidiki Greece.

Sincerely Yours,

A handwritten signature in black ink, which appears to read 'Vl. Jorga'.

Prof. Vladimir Jorga M.D.Ph.D., Chairman

International Traditional Karate Federation



1st. HIDETAKA NISHIYAMA International Traditional Karate Cup

I. GENERAL INFORMATION

Title: **1st. HIDETAKA NISHIYAMA International Traditional Karate Cup**

Sanctioned by: International Traditional Karate Federation (ITKF)

Hosted by: ITKF

Tournament venue: Sport Hall in Nea Moudania, Greece

II. PARTICIPANTS

All athletes that are selected by the respective ITKF National Federations to compete must fulfill the following conditions:

1. They must be current member of national federation in a good standing of the ITKF (minimum 1 year),
2. They must have the ITKF registered black belt (Shodan or higher) – registration number. This applies to all age categories – seniors, youth, juniors and cadets,
3. Age in agreement with their competition category,
4. They must know, fully understand and be able to compete in accordance with the ITKF competition rules,
5. They must be free of any physical or mental handicap that might cause a breach of the ITKF rules,
6. All KUMITE, KO-GO and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards are also mandatory to be worn. (Breast-protection for women, groin protector for men is optional, but recommended safety equipment),
7. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations,
8. They must belong to a National Federation which is a full and paid-up member of the ITKF including the year 2022,
9. Only individuals holding a valid ITKF Certified Coaches Qualification and properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition
10. They must present Medical Release and International Health Insurance to Medical Emergencies
11. All countries must bring their national anthem (on a CD) and two national flags.



III. COMPETITION RULES

ITKF COMPETITION RULES

IV. CATEGORIES

Age and competition categories

1st. HIDETAKA NISHIYAMA International Traditional Karate Cup

COMPETITION CATEGORIES

CADETS / 14 – 15 years old / born in 2008 and 2007

Individual Kata Men	No limit per country
Individual Kata Women	No limit per country
Fuku-Go Men	No limit per country
Fuku-Go Women	No limit per country
Individual Ko-go Men	No limit per country
Individual Ko-go Women	No limit per country

JUNIORS / 16 – 17 years old / born in 2006 and 2005

Individual Kata Men	No limit per country
Individual Kata Women	No limit per country
Individual Kumite Men	No limit per country
Individual Kumite Women	No limit per country
Fuku-Go Men	No limit per country
Fuku-Go Women	No limit per country
Individual Ko-go Men	No limit per country
Individual Ko-go Women	No limit per country

YOUTHS /18-20 years old / born in 2004, 2003 and 2002

Individual Kata Women	No limit per country
Individual Kata Men	No limit per country
Ind. Fuku-Go Woman	No limit per country
Ind. Fuku-Go Men	No limit per country
Ind. Kumite Women	No limit per country
Ind. Kumite Men	No limit per country

SENIORS, YOUNGER GROUP / 21 - 34 years old/born from 2001-1988

Individual Kata Women	No limit per country
Individual Kata Men	No limit per country
Ind. Fuku-Go Woman	No limit per country
Ind. Fuku-Go Men	No limit per country
Ind. Kumite Women	No limit per country
Ind. Kumite Men	No limit per country



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SENIORS, OLDER GROUP / 35 – 49 years old/born from 1987-1973

Individual Kata Women	No limit per country
Individual Kata Men	No limit per country
Ind. Fuku-Go Woman	No limit per country
Ind. Fuku-Go Men	No limit per country
Ind. Kumite Women	No limit per country
Ind. Kumite Men	No limit per country

J. VETERANS

Kumite age category	Kata age category	Fuku Go age category
50 to 54 year	50 to 54 year	50 to 54 year
55 to 59	55 to 59	55 to 59
60 to 64 year	60 to 64 year	60 to 64 year
65 to 69	65 to 69	65 to 69
70 and older	70 and older	70 and older

COMPETITION CATEGORIES

A. CHILDREN I. AGE 6-7 YEARS (BORN IN 2016-2015 AND YOUNGER)

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual kihon Boys	No limit per country
<i>Individual kihon – ipon Girls</i>	No limit per country
<i>Individual kihon –ipon Boys</i>	No limit per country

B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2014-2013)

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual kihon Boys	No limit per country
<i>Individual kihon – ipon Girls</i>	No limit per country
<i>Individual kihon –ipon Boys</i>	No limit per country

C. CHILDREN III. AGE 10-11 YEARS (BORN IN 2012-2011)

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country
Ind. Jiyu-ippun kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country



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D.CHILDREN IV. AGE 12-13 YEARS (BORN IN 2010-2009)

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country
Ind. jiyu-ippun kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Team jiyu-ippun kumite Boys	No limit per country

COMPETITION RULES

INDIVIDUAL KATA:

Groups A, B, C, D: eliminations, semi-finals, finals - flag system

TYPE OF KATA (individual and team):

Group A: elimination/ semi-final/ final Taikyoku, Heian 1-2-3;

Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi;

Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai;

Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,

Kanku Dai, Jion, Enpi, Taiji shodan;

KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques from left (Hidari) stance!

GROUP A, B

1. Oi-Zuki /Jodan	forward
2. Age-Uke /Gyaku-Zuki	backward
3. Gyaku-Zuki /Chudan	forward
4. Uchi-Uke /Gyaku-Zuki	backward
5. Mae-Geri /Chudan	forward
6. Gedan-barai /Gyaku-Zuki	backward

GROUP C, D

1. Oi-Zuki /Jodan	forward
2. Age-Uke /Gyaku-Zuki	backward
3. Gyaku-Zuki /Chudan	forward
4. Soto-Uke /Gyaku-Zuki	backward
5. Mae-Geri /Chudan	forward
6. Gedan-barai /Gyaku-Zuki	backward
7. Mawashi-Geri /Jodan	forward
8. Uchi-Uke / Gyaku-Zuki	backward



KIHON-IPPON KUMITE GROUP A:

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack techniques from left (Hidari)

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

KIHON-IPPON KUMITE GROUP B:

1.

ATTACK: AKA - Oi-tsuki(jodan)

DEFENSE: SHIRO -Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Mae-geri(chudan)

DEFENSE: SHIRO – Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mawashi-geri(chudan)

DEFENSE: SHIRO -Uchi-uke counter attack: Gyaku-Tsuki-Chudan

JIUY IPPON KUMITE Group C and D:

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri- Jodan;

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENSE: ONLY -Uke-waza, counter attack: Gyaku-Tsuki-Chudan

ATTENTION:

1.AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY.



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APPLICATION AND REGISTRATION

a) Applications

Dear athletes, since, due to a recent event we have very little time - we are kindly asking all participants (Officials, Athletes, Coaches and Judges) to apply their applications latest by May 1, 2022. Thank you for understanding in advance.

The registration must include:

1. Details of all Officials, Coaches and Judges;
2. Details of all Athletes including respective competing categories;
3. Digital passport size photo for each Official, Coach, Judge and Athlete;
4. Registration fees, accommodation and transport for all participants can be paid to the T.O.C. Once again please send all your applications latest by May 1, 2022.

PARTICIPATION FEES

EUR 30,00 - per person, per individual category

EUR 60,00- Judges Refresher Course

COACHES AND REFEREES REGISTRATION AND ACCREDITATION

EUR 50,00

Registration fees for all Athletes paid to the T.O.C. at the Tournament Office at latest one day before competition.

ACCOMMODATION

Accommodation for all delegations (athletes, judges, official) will be in **HOTEL MAVRIDIS and HOTEL MARIALENA in Nea Flogita Greece.**
45 euros HB per person in double and triple rooms.





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V. APPLICATIONS & REGISTRATION

A. Applications

For logistical reasons we must receive all applications at least 6 weeks before the Championship.

Therefore, we kindly ask all National Federations to complete all registration of their Officials, Athletes, Coaches and Judges and send them on Application Forms by 1 May 2022.

Note: Any application sent after this deadline will be processed but double fees for athletes' participation must be paid to the Tournament Organizing Committee

B. Registration

All registration has to be sent on the Application Forms to e-mail:

The registration must include:

1. details of all Officials, Coaches and Judges
2. details of all Athletes including respective competing categories
3. digital passport size photo for each Official, Coach, Judge (athlete photo is not required)
4. All to be done by 1 May 2022 deadline!!!

Please help us run this complex operation smoothly by observing the deadline.



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VI. SCHEDULE OF EVENTS

- May 31All day arrivals
- June 1 Morning class at Nea Flogita beach (8.00.am-10.00.am)
Led by Sensei Vladimir Jorga 10 Dan
- June 1 Afternoon class at Nea Moudania sport hall (1.00.pm-3.00.pm)
Led by Sensei Silvio Campari 7 Dan
- June 1 Evening class at Nea Moudania sport hall (6.00.pm-8.00.pm)
Led by Sensei Krzysztof Neugebauer 7 Dan
- June 2 Morning class at Nea Flogita beach (8.00.am-10.00.am)
Led by Sensei Cornel Musat 7 Dan
- June 2 Afternoon class at Nea Moudania sport hall (1.00.pm-3.00.pm)
Led by Sensei Silvio Campari 7 Dan
- June 2 Evening class at Nea Moudania sport hall (6.00.pm-8.00.pm)
Led by Sensei Silvio Campari 7 Dan
- June 3 Morning class at Nea Flogita beach (8.00.am-10.00.am)
Led by Sensei Vladimir Jorga 10 Dan
- June 3 Afternoon class at Nea Moudania sport hall (1.00.pm-3.00.pm)
Led by Sensei Cornel Musat 7 Dan
- June 3 Evening class at Nea Moudania sport hall (6.00.pm-8.00.pm)
Led by Sensei Krzysztof Neugebauer 7 Dan
- June 4 Morning class at Nea Flogita beach (8.00.am-10.00.am)
Led by Sensei Krzysztof Neugebauer 7 Dan
- June 4 Afternoon class at Nea Moudania sport hall (1.00.pm-3.00.pm)
Led by Sensei Cornel Musat 7 Dan
- June 4 Evening class at Nea Moudania sport hall (6.00.pm-8.00.pm)
Led by Sensei Dejan Nedev 6 Dan
- June 5 ITKF Judges refresher course at Nea Moudania (10.00.am-11.00.pm)
Led by Sensei Vladimir Jorga and Sensei Vencislav Nedev
- June 5 ITKF **1st. H. Nishiyama International Cup** at Nea Moudania (11.00.am-8.00.pm)
in individual kata, kumite, kogo-kumite, jiu ippon kumite, kihon ippon kumite and fuku-go.



VII. TOURNAMENT REGISTRATION AND ACCREDITATION

A. DATES AND TIMES:

3 June (Friday)	10.00 a.m. - 8.00 p.m.
4 June (Saturday)	10.00 a.m. - 8.00 p.m.

B. PLACE: Tournament Registration Office –hotel MAVRIDIS

VIII. PLACEMENT OF THE DRAWING

A. DATE AND TIME:

4 June (Thursday)	7.00 p.m. - 9.00 p.m.
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PLACE: Tournament Registration Office –hotel MARIALENA in Nea Flogita.

B.

PLACEMENT DRAWING NOTE:

All Coaches are required to attend the Draw to confirm that the names and categories of their Athletes are correctly placed before the Draw begins.

No changes or additional inclusion of competitors will be accepted after the drawing.

IX. JUDGES

Selection of the Judges will be made by the ITKF Technical Committee Members during the ITKF Judges' Refresher Course held right before the International Cup on 5 June (Sunday) in Nea Moudania sport Hall.

1. Judges participating in this event have to be ITKF Registered Qualified Judges (class A, B, C) who have participated in the Judges' Refresher Course held before the tournament and completed the ITKF Judges' Refresher Course held in 2022.
2. Each judge candidate must submit the application form, fee and passport size photograph for the Judges' Refresher Course by 1 May 2022.
3. All Judges must bring their own HAKAMA (black), whistle and clean KARATEGI including navy blue KARATEGI top.



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X. CONTACT INFORMATION

All communication between National Federations and the T.O.C. until 1st. September 2022 should be done through:

- our website: www.itkfkarate.org
- our e-mail: office@itkfkarate.org
- Our cell phone: +38970265709
- Contact person: D-r Dejan Nedev, ITKF General Secretary

If we can be of any further assistance or if you have any further questions, please don't hesitate to contact us through our website or e-mail. Update information regarding the Championship can be also found on the website.

XI. CONFIRMATION OF PARTICIPATION

All countries planning to participate in the **1st. HIDETAKA NISHIYAMA
INTERNATIONAL CUP** are requested to send the confirmation of participation by 1

May 2022 to e-mail: office@itkfkarate.org

Please write only general confirmation without details as regards number of participants etc.

Thank you in advance for your cooperation!

We are looking forward to seeing you in Greece.

D-r. Dejan Nedev

ITKF General Secretary



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